



**Audubon Center
of the North Woods**

What to Bring and What to Leave at Home

Students and adults are responsible for bringing personal items and clothing appropriate for the season. Remember that everyone will be outside much of the day, and being properly dressed is essential for comfort and safety.

Our weather is quite different from that in the Twin Cities metro area. Usually, winter temperatures are colder and snow cover is deeper. Fall typically comes two weeks earlier, and spring two weeks later. Please be prepared!

We want your stay to be as pleasant as possible. Please visit our website for information about the Audubon Center of the North Woods, or contact your school's group leader if you have any questions or special requests. A *suggested packing list* follows:

Clothing

Rain gear and boots
Tennis or hiking shoes
One other pair of shoes
Warm jacket
Sweaters
Changes of outer clothing
Changes of under clothing
Hat and gloves
Several pairs of socks
Shoes*, sandals or rubber boots to get wet for canoeing or aquatics -
NO Heelies (shoes with rollers on back)

Add for Winter

Warm hat (ear muffs are not enough)
2 pairs of mittens (not gloves)
Snowmobile Suit or snow pants
Warm winter coat
Long underwear

**Snow boots are required from
November 1 - April 15**

Personal Gear

Water bottle
Flashlight
Sleeping bag or bedroll
Pillow
Towels, bath & hand
Soap, bath & hand, & container
Shampoo
Toothbrush & paste
Pajamas & slippers
Medications
Writing materials

Optional Personal Gear

Camera and film
Money for purchases at the Audubon Center Store
Sunglasses
Insect repellent (DEET-free only)
Book to read
Travel clock (chaperones)

Optional Group Equipment

First Aid kit
Movies, videos
Games, play equipment
Journals
Coffee maker

Please Leave at Home

Radios, iPods, MP3 players, etc.
Electric hair dryers, shavers, etc.
Chewing gum, candy, pop
Alcohol, tobacco, drugs, weapons
Non-recyclable items